



Occupational Therapy

December 2025

The aim of this current awareness bulletin is to provide a digest of recent guidelines, reports, research and best practice in Occupational Therapy. Part of this bulletin draws on content created by Manchester University NHS FT and University Hospitals Dorset NHS Trust

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Evidence Summary and Systematic Reviews

1. Work-break interventions for preventing musculoskeletal symptoms and disorders in healthy workers

Item Type: Journal Article

Authors: Luger, Tessy;Ferenchak, Stefan A.;Rieger, Monika A. and Steinhilber, Benjamin

Publication Date: 2025

Journal: The Cochrane Database of Systematic Reviews 10

Abstract: Work-related musculoskeletal disorders are amongst the leading causes of occupational sick leave worldwide and account for a high share of absenteeism. For example, in the UK in 2021 to 2022, musculoskeletal disorders were estimated to account for around 27% of all work-related illnesses and result in 6.6 million lost working days. Several workplace interventions are available for reducing the high prevalence of work-related musculoskeletal disorders. We focused on work-breaks as an organisational intervention for primary prevention. This is an update of a Cochrane review first published in 2019.

Access or request full

text: <https://libkey.io/10.1002/14651858.CD012886.pub3>

URL: <https://research.ebsco.com/linkprocessor/plink?id=cecc987d-aa32-3bd7-9e73-3b8f784a4204>

2. Natural Setting Interventions to Increase Physical Activity Level in Older Adults With Intellectual Disabilities: A Systematic Review



Item Type: Journal Article

Authors: Turgeon, Stéphanie; D'Amours, Jason; Maïano, Christophe; Paré, Jade and Morin, Diane

Publication Date: 2025

Journal: Journal of Applied Research in Intellectual Disabilities 38(5), pp. 1–17

Abstract: Objective: The present study aimed to understand the effectiveness of natural setting interventions to increase the level of PA in older adults (≥ 40 years old) with intellectual disabilities. Method: Following PRISMA's most recent guidelines, a systematic review was used to synthesise research on PA interventions implemented in a natural setting to increase PA in older adults with intellectual disabilities. Results: Eight articles were retained based on inclusion and exclusion criteria: four group and four single-case designs. Most studies showed positive but small changes in PA levels. Due to the heterogeneity of the interventions tested, the samples and PA outcomes measured as well as the quality and risk of bias of the studies, results could not be generalised. Conclusion: The systematic review highlights the pressing need for better quality research to understand if and how natural setting interventions can effectively increase PA levels in older adults with intellectual disabilities.

Access or request full text: <https://libkey.io/10.1111/jar.70127>

URL: <https://research.ebsco.com/linkprocessor/plink?id=8e0d4ba0-1e51-37a3-b251-f85495e44b41>

3. Management of non-specific low back pain without drugs

Item Type: Journal Article

Authors: Jones, Caitlin Mp; Underwood, Martin; Basnet, Ritu; Trewern, Louise and Lin, Chung-Wei Christine

Publication Date: 2025

Journal: BMJ (Clinical Research Ed.) 391, pp. e086052

Abstract: Competing interests: We have read and understood the BMJ Group policy on declaration of interests and declare the following interests: MU is chief investigator or coinvestigator on multiple research grants from the UK National Institute for Health Research (NIHR), and is a coinvestigator on grants funded by the Australian National Health and Medical Research Council and Norwegian Research Council. MU is a director and shareholder of Clinvivo Ltd that provides electronic data collection for health services research. MU has accepted honoraria



for examining theses and performing peer review. MU receives some salary support from University Hospitals Coventry and Warwickshire. MU is a coinvestigator on two current and one completed NIHR funded studies that have, or have had, additional support from Stryker Ltd. MU has accepted travel expenses for speaking at academic meetings. CWCL is supported by a National Health and Medical Research Council fellowship (APP1193939).

Access or request full text: <https://libkey.io/10.1136/bmj-2025-086052>

URL: <https://research.ebsco.com/linkprocessor/plink?id=a3e1d313-d49d-31c6-89fc-83a050aec95b>

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Guidelines and Policy

Promoting work as a health outcome: guidance for AHP leaders, available at:

<https://www.gov.uk/government/publications/promoting-work-as-a-health-outcome-guidance-for-ahp-leaders>

Summary: [Guidance developed with allied health professional (AHP) leaders to support the promotion of work as a health outcome. Work is a primary determinant of health: good work is protective of health, while unemployment and poor-quality jobs contribute significantly to poor health outcomes and health inequalities. Clinical leaders have a duty to bring focus to the opportunities to support people to access, remain in and return to good work as part of clinical services.]

Rehabilitation for chronic neurological disorders including acquired brain injury <https://www.nice.org.uk/guidance/ng252>

Published Research

[Down syndrome needs profile paper - GOV.UK](#)

Summary: Evidence received on the potential needs of people with Down syndrome through a call for evidence on the Down Syndrome Act 2022 and engagement with academics.

1. Association between perceived occupational performance and satisfaction and balance, gait, and fear of falling in older adults with mild



cognitive impairment

Item Type: Journal Article

Authors: Aydın-Yağcioğlu, Güllü; Ersoy, Kübra; Arslaner, Selin Başak and Torpil, Berkan

Publication Date: 2025

Journal: British Journal of Occupational Therapy 88(9), pp. 581–586

Abstract: Introduction: Mild cognitive impairment impairs activities of daily living, independence and social participation in older adults. This study investigated the association between perceived occupational performance and balance, gait and fear of falling in older adults with mild cognitive impairment. Method: The study included 36 older adults over the age of 65 with mild cognitive impairment. Balance and gait of the older adults were assessed with the Tinetti balance and gait test, fear of falling with the Tampa Scale for Kinesiophobia and occupational performance with the Canadian Occupational Performance Measure. The relationship between Canadian Occupational Performance Measure and other parameters was analysed by Spearman's test. Results: The mean age of the participants was 75.13 ± 6.92 years. There was a moderate positive correlation between the satisfaction parameter of the Canadian Occupational Performance Measure and the Tinetti gait test ($r = 0.54$, $p < 0.01$) and the Tinetti total score ($r = 0.41$, $p < 0.05$). There was no relationship between the other parameters. Conclusion: Current findings suggest that older adults with mild cognitive impairment have different perceptions of activities of daily living and that gait problems of individuals with mild cognitive impairment affect perceived occupational satisfaction more than balance and fear of falling. Clinical Trial Number : NCT06513325

Access or request full text: <https://libkey.io/10.1177/03080226251340858>

URL: <https://research.ebsco.com/linkprocessor/plink?id=5e66fd31-55d1-3d66-8266-f7b7cdd980cc>

2. Menstruation among autistic adults: An occupational perspective

Item Type: Journal Article

Authors: Bowden, Samantha L. J. and Miller, Paul K.

Publication Date: 2025

Journal: British Journal of Occupational Therapy 88(10), pp. 626–634

Abstract: Introduction: Menstruation is known to have potentially adverse impacts



at multiple levels of occupational performance. However, little research has directly investigated the everyday menstruation experiences of autistic individuals, for whom menses and menarche are widely thought to be particularly occupationally disruptive. Method: A qualitative research design was employed to address the lived experiences of menstruation among N = 6 autistic adults living in the United Kingdom. With institutional ethical approval, in-depth online interviews were conducted, yielding 34,734 words of transcript. Thematic analysis of these revealed interconnected global themes. Findings: The global themes identified were: (1) 'Sense of self', addressing participants' sensory overload and experiences of anxiety, 'brain fog' and concern with cleanliness. (2) 'Attributional work', addressing events and contexts which were taken to trigger and/or exacerbate key problems (such as the need to use public restrooms). (3) 'Reclaiming orderliness', addressing participants' pragmatic strategies for overcoming increased unpredictability in their lives during periods. Conclusion: Menstruation poses specific, significant challenges for autistic individuals that require autism-specific solutions. These challenges impact individuals' ability to perform occupations of self-care, productivity and leisure. As such, Occupational Therapists have a key role in the provision of support to address the impact of menstruation on occupational engagement and participation.

Access or request full text: <https://libkey.io/10.1177/03080226251341730>

URL: <https://research.ebsco.com/linkprocessor/plink?id=5bdc781a-a5c5-3fec-be46-6f456aa3425e>

3. Long-Term Follow-Up of Participants in the Taking Charge After Stroke Randomized Controlled Trial

Item Type: Journal Article

Authors: Martin, Alexander;Fu, Vivian;Joya, Zamir;Joya, Sajida;Eathorne, Allie;Weatherall, Mark;Shortt, Gabrielle;Semprini, Alex;Gommans, John and McNaughton, Harry

Publication Date: 2025

Journal: Stroke

Abstract: The take charge intervention-a conversation-based, community intervention to improve motivation, improved independence, and physical health 12 months after stroke in 2 randomized controlled trials with 572 participants. This article reports long-term outcomes for the 400 participants in the TaCAS study (Taking Charge After Stroke).

Access or request full text: <https://libkey.io/10.1161/STROKEAHA.125.052545>

URL: <https://research.ebsco.com/linkprocessor/plink?id=ee9ac081-ab0a-3d19->



[9226-69a3b9a23f07](#)

4. Using Nominal Group Technique to Gather Recommendations in the Decision-Making for Amputation Due to Diabetes

Item Type: Journal Article

Authors: Ong, Emilee Kim Ming; Murray, Carolyn; Hillier, Susan and Causby, Ryan

Publication Date: 2025

Journal: Journal of Foot and Ankle Research 18(4), pp. e70095

Abstract: A lower extremity amputation has traditionally been considered as a last resort treatment option for people with a diabetes-related foot ulcer (DFU). However, some people will opt for an earlier amputation to overcome the daily lifestyle challenges from ongoing conservative wound management. Even so, making the decision for non-emergency amputation is challenging due to the lack of clear recommendations or evidence-based resources. Therefore, this study aimed to gather recommendations from people with lived experience of a DFU or amputation, family members, health practitioners, and experts to guide decision-making for amputation due to diabetes.

Access or request full text: <https://libkey.io/10.1002/jfa2.70095>

URL: <https://research.ebsco.com/linkprocessor/plink?id=f2c84742-61b7-387b-ba42-aa5885ec2a1d>

5. Initial Development and Content Validity of the Experiencing Day-to-Day Life Questionnaire (EDLQ): A Measure of Objective Participation and Subjective Experience in Occupation

Item Type: Journal Article

Authors: Budman, Jennifer R.; Maeir, Adina; Traub Bar-Ilan, Ruthie and Golos, Anat

Publication Date: 2025

Journal: Occupational Therapy in Health Care , pp. 1–18

Abstract: AbstractThis study describes the development of the Experiencing Day-to-Day Life Questionnaire (EDLQ) and the initial evaluation of its content validity. The EDLQ was designed to capture both objective participation and subjective experience across seven experiential occupational categories. Using a quantitative descriptive design, content validity was assessed through the input of two participant groups: content experts ($N = 11$ occupational therapists) and mothers



of children with ADHD with lived expertise ($N = 10$). Content experts rated item relevance and representativeness, while mothers evaluated clarity and comprehensibility through written feedback. Findings demonstrated strong indices of content validity, with revisions suggested to improve clarity, phrasing, and accessibility. These results provide initial support for the EDLQ as a client-centered measure of occupational experience, offering potential to enhance understanding of how objective participation and subjective experience may jointly shape health and well-being.

Access or request full text: <https://libkey.io/10.1080/07380577.2025.2589258>

URL: <https://research.ebsco.com/linkprocessor/plink?id=1dca7cc1-1037-3e90-999c-3aa5a952c0b4>

6. Collaboration and Connections column* Mindfulness, Occupational Therapy and You

Item Type: Journal Article

Authors: Chugh-Gupta, Neha

Publication Date: 2025

Journal: Journal of Occupational Therapy, Schools, & Early Intervention , pp. 1–8

Source: <https://www.tandfonline.com/doi/full/10.1080/19411243.2025.2591011>

7. A Qualitative Observation Tool for Folding, Writing, and Cutting in School-Aged Children: Hands-On!

Item Type: Journal Article

Authors: Faber, Leila;Hartman, Esther;Derikx, Dagmar F. A. A.;Steggink, Maaike G. A.;Houwen, Suzanne and Schoemaker, Marina M.

Publication Date: 2025

Journal: Canadian Journal of Occupational Therapy.Revue Canadienne D'ergotherapie , pp. 84174251397726

Abstract: **Background.** Fine motor skills such as folding, writing, and cutting are daily activities of children, yet reliable, valid tools to qualitatively assess these skills remain limited. **Purpose.** To develop the Hands-On! observation tool and evaluate its reliability and validity in assessing fine motor skills in 5- to 10-year-old children. **Method.** Hands-On! was created using literature review and expert feedback to determine intratask components for folding, writing, and cutting. The



sample included 178 typically developing children ($M_{age} 8.06 \pm 1.58$ years, 47.8% boys). Inter- and intraobserver reliability were measured, alongside concurrent (duration and errors DCDDaily) and construct validity (age, sex) for each task. **Findings.** Moderate to very strong interobserver (folding 84.5%-84.9%, writing 81.8%-86.0%, cutting 75.4%-83.8%) and intraobserver reliability (folding 92.8%, writing 91.7%, cutting 93.7%) were found. Concurrent validity was supported by moderate to strong correlations between qualitative scores for folding ($p_{duration} = 0.624$, $p_{folds} = -0.441$) and cutting ($p_{duration} = 0.335$, $p_{errors} = 0.377$) with DCDDaily metrics, though no significant correlation was found for writing. Construct validity was supported for folding and cutting, with age and sex explaining 22.1% and 14.1% of the variance. **Conclusion.** Hands-On! is a reliable and valid qualitative observation tool for assessing fine motor skills in children, enhancing assessment practices, and informing effective interventions.

Access or request full text: <https://libkey.io/10.1177/00084174251397726>

URL: <https://research.ebsco.com/linkprocessor/plink?id=20e662d8-a41e-3676-9ea5-d8ee86f3b0f6>

8. Exploration of Children's Interoception, Emotional Regulation, or Anxiety and Occupational Participation: A Scoping Review with Narrative Synthesis

Item Type: Journal Article

Authors: Grist, Nicole; Yu, Mong-Lin and Brown, Ted

Publication Date: 2025

Journal: Occupational Therapy in Health Care , pp. 1–23

Abstract: Abstract During the primary school years, children develop skills and body functions which support their occupational participation in activities like play, self-care, academic learning, social participation, and sleep. Interoception, emotional regulation and anxiety management skills are three body functions that underpin children's occupational participation and performance. This scoping review explored what is known in the published and grey literature about the relationship between interoception and emotional regulation or anxiety, and occupational participation in school-aged children. The review followed the PRISMA Extension for Scoping Reviews (PRISMA-ScR) guidelines for reporting and the methodology was guided by the Joanna Briggs Institute Methodology for Scoping Reviews. Evidence which met the inclusion criteria were critically appraised using the Crowe Critical Appraisal Tool and analyzed using narrative synthesis. Two themes with the capacity to impact childhood occupational participation emerged: (i) interoception and emotional regulation may be related, and (ii) education may improve interoceptive awareness. No anxiety-related themes were identified. This review supports the need for further research to understand the relationship between children's interoception, their ability to



regulate their emotions and anxiety, and their impact childhood occupational participation.

Access or request full text: <https://libkey.io/10.1080/07380577.2025.2567315>

URL: <https://research.ebsco.com/linkprocessor/plink?id=762c521b-bfb0-3084-8889-76f973a0871b>

9. Facilitators and Barriers to Implementing French-Canadian Lifestyle Redesign® in Occupational Therapy Practice

Item Type: Journal Article

Authors: Lévesque, Marie-Hélène; Delli-Colli, Nathalie; Couturier, Yves; Larivière, Nadine; Filiatrault, Johanne; Poulin, Valérie; Provencher, Véronique; Giroux, Dominique; Lagueux, Émilie and Levasseur, Mélanie

Publication Date: 2025

Journal: Canadian Journal of Occupational Therapy. Revue Canadienne D'ergotherapie , pp. 84174251381405

Abstract: Background. Although Lifestyle Redesign® is an important preventive occupational therapy approach fostering meaningful routines to support health and well-being, little data exists to support its implementation in new sociocultural contexts. **Purpose.** To explore facilitators and barriers to a future implementation of the French-Canadian Lifestyle Redesign® (Remodeler sa vie®) in occupational therapy practice, as perceived by occupational therapists (OTs), occupational therapy students, decision makers and community partners. **Method.** Guided by the Consolidated Framework for Implementation Research, this action-research study involved 58 purposefully selected participants trained in the approach. Eleven focus groups were conducted using three semi-structured interview guides and facilitation tools. **Findings.** Participants (86.2% women, aged 20 to 72; mean = 43.2, SD = 12.5) identified 36 influential factors, with public sector OTs facing the most barriers. Key facilitators included the approach's strong evidence base, its relevance to aging populations, key actors' openness and engagement, and new social trends. Barriers stemmed from the approach's complexity, resource constraints, socio-political challenges, implementation efforts and uncertainty about older adults' engagement in this approach. Equitable access to the approach was a common concern. **Conclusion.** By addressing the factors influencing the implementation of Remodeler sa vie®, this study advances knowledge on integrating preventive approaches to promote healthy aging in Canada and internationally.

Access or request full text: <https://libkey.io/10.1177/00084174251381405>

URL: <https://research.ebsco.com/linkprocessor/plink?id=bd92cbb3-ad8c-3b6a->



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10. Managers' experiences of work capacity in employees with depression and anxiety

Item Type: Generic

Author: Lisa Björk, Hultquist, Jenny, Hensing, Gunnel and Bertilsson, Monica

Publication Date: 2025

Publication Details: Scandinavian Journal of Occupational Therapy, 32, (1) Taylor & Francis Group.

Abstract: Background Levels of sickness absence due to common mental disorders (CMD) vary between industrial sectors and managers are key for prevention and rehabilitation. Objective To assess industry differences in managers' experiences and ratings of work capacity in employees with depression and anxiety. Material and methods Differences between industries in managers' ($n = 1819$) experiences were investigated by chi-squared tests and managers' ratings were analysed through MANCOVA. Results The proportion of managers who had experienced several employees with depression and anxiety was higher in municipalities and counties, and in industries with people as the main work object such as education, health and social care settings, compared with other industries. There was no significant effect of industry on managers' ratings of how work capacity is affected by depression and anxiety. Conclusions Having experienced several employees with common mental disorders is more common among managers of female dominated service sectors, but managers rate capacity to work in employees with depression and anxiety similarly, irrespective of industrial sector. Significance It is important that managers receive the support they need to handle employees with reduced work capacity due to CMD, however, support does not need to be tailored to different industries.

ISSN/ISBN: 16512014; 11038128

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Access or request full text: <https://libkey.io/10.1080/11038128.2025.2570900>

URL: <https://research.ebsco.com/linkprocessor/plink?id=5e4504d9-90cf-307d-9606-46b5239c8da3>

11. An exploratory study of time use of allied health clinicians in research roles and their potential to contribute to student placements

Item Type: Journal Article

Authors: Lonergan, Amy; Rahja, Miia; Levy, Tamina and Laver, Kate



Publication Date: 2025

Journal: Australian Occupational Therapy Journal 72(6), pp. e70054

Abstract: Student placements provide a valuable opportunity to integrate theory into practice and prepare for future work roles in allied health. Innovative student placement models are required to meet placement demands and the changing scope of practice. The potential for placements in clinical research settings, in which the student is working alongside and learning from allied health clinicians working in research roles, remains under-explored.

Access or request full text: <https://libkey.io/10.1111/1440-1630.70054>

URL: <https://research.ebsco.com/linkprocessor/plink?id=facf868a-22a9-32e1-bb0e-956a67851a9b>

12. Exploring Caregivers' Perspectives on Participation in a Therapy-Based Dance Program for Children with Disabilities: A Qualitative Study

Item Type: Journal Article

Authors: Mahna, Alexandra; Brown, Jazmin; Chang, Ehren; Hellstrom, Karly; Iskander, Joshua; Vettese, Stephanie; Musselman, Kristin; Schwartz, Lindsey and Schwartz, Alison

Publication Date: 2025

Journal: Physical & Occupational Therapy in Pediatrics , pp. 1–21

Abstract: AbstractAimMethodsResultsThis study aimed to 1) understand caregiver's perspectives on the facilitators and barriers of participating in a proposed pediatric therapy-based dance program, (2) explore caregivers' perspectives on a therapy-based dance program aimed at achieving individualized occupational therapy and physical therapy goals in a group setting, and (3) understand the impact of the COVID-19 pandemic on prioritization of participation in therapy services. Eight caregivers to children with cognitive and/or physical disabilities participated in semi-structured virtual interviews consisting of open-ended questions. Interviews were audio recorded and transcribed verbatim and conventional content analysis was used to analyze the transcripts. Four categories were identified, mapping to the four layers of the Social Ecological Model of Health (Sallis & Fisher, 2008): 1) Child specific factors impact optimal participation in the program, 2) Family-related factors influence the feasibility of the child's participation, 3) Program specific factors should aim to meet each child's individual needs, and 4) Systemic healthcare factors influence the accessibility of services. Key recommendations for the program's re-design were identified from the data: 1) minimize costs and identify funding sources, 2) ensure small provider-to-



participant ratios, 3) facilitate effective collaboration between the therapists and caregivers, 4) create a supportive environment of participants' needs. Conclusions: Factors related to the child, family, program and healthcare system offer guidance to the re-design of the proposed therapy-based dance program, and other pediatric therapy programs.

Access or request full text: <https://libkey.io/10.1080/01942638.2025.2590555>

URL: <https://research.ebsco.com/linkprocessor/plink?id=939adcb1-6a87-3071-a6a7-5f88cbfa489b>

13. Health Web 1.0, a web-based occupational therapy group intervention for older adults: A study protocol for a feasibility study

Item Type: Generic

Author: Nyman, Anneli, Larsson, Ellinor and Isaksson, Gunilla

Publication Date: 2025

Publication Details: Scandinavian Journal of Occupational Therapy, 32, (1) Taylor & Francis Group.

Abstract: Background Health promotion interventions supporting the development of strategies for social participation when ageing is an important concern within occupational therapy. Therefore, a new intervention has been developed. Aim To present a protocol for a feasibility study evaluating the feasibility of Health Web 1.0, a web-based occupational therapy group intervention supporting older adults' social participation and meaningful activities in daily life. Material and methods This feasibility study follows the framework for developing and evaluating complex interventions. This study will be conducted using a pre-test and posttest design without a control group to evaluate feasibility and potential results. Qualitative and quantitative data will be collected concurrently in a mixed-method design. The Health Web 1.0 will be conducted in municipal primary healthcare settings. The intervention is provided through a digital communication platform, delivered by occupational therapists. Results Not applicable (N/A). Conclusions and significance The intervention will have significance for occupational therapists to adapt to a more proactive role in supporting a meaningful everyday life when ageing. Additionally, the group format and digital delivery of the intervention will provide possibilities to use resources more effectively.

ISSN/ISBN: 16512014; 11038128

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Professional Development

1. Preventive measures for falls and fractures in the community

Item Type: Journal Article

Authors: Palmer, Sarah Jane

Publication Date: 2025

Journal: British Journal of Community Nursing 30(11), pp. 520–522

Abstract: Falls and fractures, are a major public health concern among older adults in the UK, often resulting in injury, loss of independence and increased demands on health and social care services. The causes of falls are multifactorial such as muscle weakness, poor balance, visual impairment, polypharmacy, frailty and comorbidities, as well as environmental hazards. Osteoporosis further increases the risk and severity of fragility fractures, particularly in the spine, wrist and hip. Evidence demonstrates that community-based interventions can significantly reduce falls and associated injuries. These include multifactorial risk assessment, strength and balance exercise programmes, environmental modifications and structured care pathways. Nurses and community health professionals can play a central role in identifying at-risk individuals and delivering tailored interventions. By educating patients and coordinating to their multidisciplinary care, they can make a difference. However, there are many persistent challenges to implementation, such as resource limitations, workforce capacity and patient adherence. It is also important to highlight the need for integrated, person-centred and cross-sector approaches. By embedding evidence-based falls prevention into routine community practice, healthcare professionals can maintain independence, enhance wellbeing and reduce the overall burden of falls and fractures.

Access or request full text: <https://libkey.io/10.12968/bjcn.2025.0201>

URL: <https://research.ebsco.com/linkprocessor/plink?id=5c70da89-0349-3de9-a33c-93313c1fb83f>

2. Myalgic encephalomyelitis or chronic fatigue syndrome (ME/CFS) elearning. e-Learning for Healthcare (e-LfH); 2025.

<https://learninghub.nhs.uk/catalogue/mecfselearning?nodeId=7288>



A new training session is now available in the Myalgic Encephalomyelitis or Chronic Fatigue Syndrome (ME/CFS) elearning course. The new session is titled Managing Severe ME/CFS and is the third training in the series. The Managing Severe ME/CFS session offers guidance to healthcare professionals who support, or have an interest in, the management of people living with severe and very severe ME/CFS.]

3. Solving the SEND crisis. House of Commons Education Committee; 2025.

A new Education Committee report calls for a root and branch transformation of the way mainstream education caters to children and young people with special educational needs and disabilities (SEND).

<https://committees.parliament.uk/work/8684/solving-the-send-crisis/news/209313/solving-the-send-crisis-report-calls-for-culture-shift-and-funding-to-make-mainstream-education-genuinely-inclusive/>

4. Survey report: Lived experiences of dementia 2025. Alzheimer's Society; 2025.

<https://www.alzheimers.org.uk/about-us/policy-and-influencing/reports/survey-lived-experiences-dementia>

Alzheimer's Society wanted to understand the experiences of people affected by dementia across England, Wales and Northern Ireland. They commissioned this survey, which was delivered by Walnut Unlimited, with the aim of uncovering these insights and to highlight where inequalities in experience exist. The findings expose a system buckling under pressure and serious gaps in care, diagnosis, and public awareness – leaving too many families to cope alone.